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Tokyo Medical Association makes "4 requests" following the spread of contagion

Following the spread of new contagious coronavirus, the Tokyo Medical Association (Tokyo-Chiyoda, Chairman Haruo Ozaki) has announced recommended countermeasures.

Four points: (1) If you feel ill, rest at home and do not overexert yourself. (2) If you are worried about infection, consult your doctor by telephone. (3) Smokers should quit smoking. (4) Consider the secondary harm for elderly people in nursing care.

The Association emphasized that "If these steps are not followed, the medical system will break down. Cooperation by everyone is essential."

Chairman Ozaki said, "heretofore specialized hospitals for infectious diseases have dealt with such contagions, but hereafter our medical association will also actively get involved in implementing countermeasures."