



Japan Society for Tobacco Control

日本禁煙学会

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Forward for the 4th revision of the Tobacco Control Advocacy

Refinement.

The first edition of Smoking Cessation Studies was published 12 years ago, and we have now completed the fourth revision. Like with previous three editions, experts have thoroughly revised the latest edition based on the latest information.

Trust.

Trust in the quality of work is important when writing for [Smoking Cessation Studies]. The current publication meets the global standard for quality, and I think that readers will also recognize its quality.

Current.

As a medical reference, the publication needs to be up to date. I would like to express my gratitude to the pharmacy management company Nanzan-do for publishing the revised version of Up to date.

The primary new topic in the current revision is about heated tobacco. We asked Dr. Takahiro Tabuchi, a leading expert on this topic, and Dr. Michiyuki Matsuzaki about its health effects. In particular, I asked Dr. Michiyuki Matsuzaki about environmental tobacco smoke from heated tobacco in the form passive smoking (contamination of the air from tobacco smoke) and third-hand smoking (contamination of surfaces, fabrics and other objects from tobacco smoke). Dr. Mami Iida then wrote about a newly amended smoking cessation treatment plan for young people (less than 30 years old). Dr. Kōta Satake wrote about the new method of remote smoking cessation treatments (using computer chat, voice and/or video programs), and Dr. Kyōichi Miyazaki wrote about the Japanese tobacco quit line. Both are leading researchers in their fields.

Dr. Mikio Kawamata has done important research in passive smoking-related epidemiology in Japan, and Dr. Akira Ido made significant contributions to establish (metropolitan and provincial) regulations for preventing passive smoking and the (national) Passive Smoking Prevention Law. Finally, Drs. Yoshihisa Takano, Masako Tanamura, Chisato Murata, Narito Kurioka and Junji Morita currently write popular columns about smoking cessation.

It is an act of “refinement” to review this book again, written in a clear and concise manner. I think that we are all proud now to be able to purchase the 4th edition of Smoking Cessation Studies.

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Dr. Manabu Sakuta, Chairperson, Japan Society for Tobacco Control, General incorporated